

Team Details Haryana

Shirt No.	Player	Date of Birth	Age*
1	Nidhi (GK)	1 Jan 2006	19
2	Priyanka	8 Jul 2000	24
3	CHOUDHARY Mahima	6 Dec 1999	25
4	Monika	5 Nov 1993	31
5	Manisha	28 Dec 2005	19
6	Pinki	16 Jun 2004	20
7	Ishika	5 Oct 2005	19
8	Karren Khatri	9 May 2003	21
9	Pooja Malik	17 Dec 2007	17
10	Khasa Shashi	4 Jul 2008	16
11	Sonika	20 Mar 1997	27
12	Pooja	30 Aug 2003	21
13	Kanika Siwach	1 Aug 2005	19
14	Dabas Shilpi	26 Jul 1998	26
15	. Nisha	9 Jul 1995	29
16	Jyoti (GK)	25 Oct 2003	21
17	Preeti	28 Dec 2004	20
18	Rani (C)	4 Dec 1994	30

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-02-04

Team Staff

Role	Name
Team Manager	Khatri Sunita
Head Coach	Azad Singh Malik
Assistant Coach	Virender Kumar

Team Colours

Shirts	PINK YELLOW
Skirts	BLACK BLACK
Socks	BLACK YELLOW
GK Shirts	BLUE SEA GREEN

Team Details Jharkhand

Shirt No.	Player	Date of Birth	Age*
1	Sonal Minj (GK)	24 Aug 1996	28
2	Kumari Ropni	16 Nov 2003	21
3	Kujur Nirali	15 Apr 2005	19
4	Rajni Kerketta	1 May 2004	20
5	Mahima Tete	25 Jul 2003	21
6	Dipti Toppo	10 Dec 2001	23
7	Horo Sanjna	15 Dec 2004	20
8	Roshni Aind	1 Jan 2008	17
9	Bage Edlin	29 Nov 2005	19
10	Albela Rani Toppo (C)	13 Aug 2000	24
11	Pramodni Lakra	24 Apr 2004	20
12	Binima Dhan	15 Nov 2006	18
13	Reshma Soreng	31 Dec 2000	24
14	Kullu Niru	4 Apr 2005	19
15	Parwati Topno	25 Nov 2007	17
16	Shammy Bara	10 Dec 2001	23
17	Priya Dungdung	20 Nov 2002	22
19	Rashmi Horo (GK)	19 Mar 2004	20

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Team Staff

Role	Name
Team Manager	Sudhir Golla
Head Coach	Sumrai Tete
Assistant Coach	SINGH Bijay Shankar
Physiotherapist	Ubaid Amna

Team Colours

Shirts	RED BLUE
Skirts	RED BLUE
Socks	MAROON YELLOW
GK Shirts	NAVY BLUE LIGHT GREEN

Team Details Karnataka

Shirt No.	Player	Date of Birth	Age*
1	Vidyashree V (GK)	17 Nov 2005	19
2	Soumyashree N.R (C)	28 Aug 1999	25
3	Pooja M. D	12 Mar 1998	26
4	Thaj Belliappa K	6 Jan 2005	20
5	Kruthika S P	9 Nov 1998	26
7	Dechamma P G	19 Apr 2004	20
8	M.G Yashika	6 Sep 2000	24
9	Chandana J	23 Jun 2003	21
10	Yamuna S	11 Jun 2006	18
12	Deepthi K A	18 May 2001	23
14	Nisha P. C.	20 Jan 1998	27
16	Deepa Sharma (GK)	30 Nov 1996	28
18	Rakshitha J	14 Mar 2006	18
21	Sahana C.M	10 Apr 2004	20
22	Kavyashree Md	1 Aug 2004	20
24	Adira S	6 Jul 2002	22
25	Shaina Thangamma M.P	23 Sep 2001	23
26	Anjali H.R	18 Oct 2000	24

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Team Staff

Role	Name
Team Manager	Mary Abhijit
Head Coach	Verghese Kallikkadan John
Assistant Coach	Appanna K.S

Team Colours

Shirts	YELLOW NAVY BLUE
Skirts	BLACK NAVY BLUE
Socks	RED NAVY BLUE
GK Shirts	NEON GREEN NEON ORANGE

Team Details Madhya Pradesh

Shirt No.	Player	Date of Birth	Age*
1	Yashika Bhadoriya (GK)	12 Oct 2004	20
2	Aasmeen Khan	1 Jan 2002	23
3	Sanskriti Sarwan	28 Apr 2004	20
4	Nilanjali Rai	7 Oct 1998	26
5	Karishma Yadav (C)	25 Dec 1997	27
6	Verma Yogita	28 Sep 2004	20
7	Neeraj Rana	7 Jul 2000	24
8	Priyanka Yadav	22 Aug 2005	19
9	Anjali Gautam	5 Jul 1998	26
10	Singh Upasana	20 Aug 1999	25
11	Chavan Aishwarya	18 Oct 1997	27
12	Bhumiksha Sahu	29 May 2005	19
13	Ritanya Sahu	28 May 2004	20
14	Hritika Singh	16 Jan 2003	22
15	Pratibha Arya	28 Aug 1998	26
16	Kirti Deshmukh (GK)	22 Jun 2001	23
17	Kanchan Nidhi Kerketta	14 Jan 2000	25
19	Sengar Sadhna	19 Nov 2002	22

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Team Staff

Role	Name
Team Manager	Saroj Singh Rajput
Head Coach	Paramjit Singh
Assistant Coach	Devki Nandan Kushwaha
Physiotherapist	Dr Anubhav Gupta PT
Video Analyst	Parthipan Vijay Vignesh

Team Colours

Shirts	ORANGE BLUE
Skirts	BLUE ORANGE
Socks	RED ROYAL BLUE
GK Shirts	SKY BLUE YELLOW

Team Details Maharashtra

Shirt No.	Player	Date of Birth	Age*
1	Dhikshita Wajel (GK)	8 Sep 2005	19
4	Sanika Chandrakant Mane	18 Nov 2006	18
5	Gurjar Nikku	20 May 2006	18
7	Bhavana Khade	17 Jan 1999	26
8	Kajal Sadashiv Atpadkar	12 Nov 2002	22
9	Monika Tirkey	24 Jan 2004	21
11	Tanushree Dinesh Kadu	24 Jan 2006	19
13	Durga Raju Shinde	26 Jun 2001	23
14	Priyanka Wankhede (C)	14 Mar 1996	28
17	Aishwarya Dubey	1 Jun 2004	20
18	Sayali Praful Wazade (GK)	28 Mar 2003	21
22	Shalini Bhagwan Sakure	3 Mar 2003	21
24	Yogita Bora	24 Jan 2001	24
25	Shedage Manashri Narendra	16 Sep 2003	21
29	Shashi Prabha Chaturvedi	17 Jul 1999	25
30	GAWANDE Himanshi Sharad	30 Mar 2004	20
31	Bhagyashri Tukaram Shinde		
50	Ashwini Kolekar	23 Dec 2004	20

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* As of 2025-02-04

Team Staff

Role	Name
Team Manager	Vaishali Laxman Sul
Head Coach	Sagar Bharat Thakur
Assistant Coach	Reeta

Team Colours

Shirts	ORANGE BLUE
Skirts	ORANGE BLUE
Socks	ORANGE BLUE
GK Shirts	LIGHT GREEN PURPLE

Team Details Manipur

Shirt No.	Player	Date of Birth	Age*
1	Hodam Pabitra (GK)	27 Sep 2007	17
2	Kshetrimayum Sonia Devi	20 Mar 2004	20
3	Devi Mutum Priya	1 Feb 2007	18
5	Tanu Shorensangbam	1 Apr 2007	17
6	Devi Keisam Priyanka	5 Mar 2007	17
7	Devi Laishram Ritu	29 Dec 2006	18
10	Suman Devi Thoudam	16 Jul 1999	25
11	Chanu Lanthenbi Khundrakpam	30 Dec 2003	21
12	Kamala Devi Ningombam	12 Jan 2007	18
15	CHANU Khaidem Shileima	14 Apr 2006	18
17	Bramhacharimayum Sarita Devi	16 Jun 1999	25
23	Devi Keisam Eleena	29 Nov 2006	18
27	Pinky Devi Thokchom (C)	23 Feb 1992	32
29	Devi Thounaojam Nirupama	5 Apr 2004	20
33	Deena Devi Naorem	14 Sep 2005	19
66	Takhellambam Ayingbi Chanu (GK)	6 Jun 2003	21
77	Lily Chanu Mayengbam	3 Jun 1996	28
87	Asem Monorama Devi	1 Feb 1987	38

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* As of 2025-02-04

Team Staff

Role	Name
Team Manager	Phurailatpam Nirmalata Devi
Head Coach	Chingshubam Sanggai Ibemhal
Physiotherapist	Chingakham Arina Devi

Team Colours

Shirts	RED WHITE
Skirts	WHITE RED
Socks	RED WHITE
GK Shirts	BLUE BLACK

Team Details Mizoram

Shirt No.	Player	Date of Birth	Age*
1	H Lalruatfeli (C)	15 Jul 1996	28
2	Cs. Ramsangliani (GK)	10 Nov 2003	21
3	Agnes Malsawmkimi	7 Nov 2001	23
4	LALRAMNGHAKI Marina	12 Jun 2001	23
5	F.Lalbiaksiami	13 Mar 2007	17
7	Lalrindiki	25 Mar 2000	24
9	Lalruatfeli	24 May 2000	24
11	Laltlanchhungi	28 Mar 2008	16
12	Lalrinpuui	14 Oct 2006	18
13	Ruthi Lallawmzuali	4 Oct 2008	16
17	Vanlalrinhlui	31 Jul 2009	15
18	Lalhlnmawii	21 Jun 1998	26
20	Z Laldintluangi	8 Sep 2006	18
21	B. Lalrinpuui	7 Aug 2005	19
22	Lalneihpuui	22 Feb 2007	17
26	KT Lalhlmpuui (GK)	26 Mar 1994	30
27	Lalthantluangi	10 Nov 2005	19
74	Lalpeksangi	4 Nov 2007	17

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* As of 2025-02-04

Team Staff

Role	Name
Team Manager	Rosalind L Ralte
Head Coach	Lalrothuami

Team Colours

Shirts	RED BLACK
Skirts	RED BLACK
Socks	WHITE BLACK
GK Shirts	BLACK WHITE

Team Details Odisha

Shirt No.	Player	Date of Birth	Age*
1	Madhuri Kindo (GK)	25 Feb 2002	22
2	Nikita Toppo	6 Jul 2003	21
3	Rashmita Minz	16 Dec 1997	27
4	Philicia Toppo	6 Feb 2002	22
5	Jojo Mukta	7 Aug 2002	22
6	Anjela Toppo	14 Sep 2002	22
7	Nitu Lakra	7 Dec 2002	22
8	Dipi Monika Toppo	12 Sep 2003	21
9	Jiwan Kishori Toppo (C)	4 Mar 2001	23
10	EKKA PRATIBHA	9 Nov 2004	20
11	Tanuja Toppo	14 Oct 2007	17
12	Dipti Lakra	7 Apr 1998	26
13	Kujur Supriya	9 May 2006	18
16	Mamita Oram	2 Apr 2004	20
17	KUJUR Ajmina	9 Dec 2001	23
19	Puja Sahoo	2 Dec 2006	18
21	Ekka Pratiba (GK)	28 Nov 2003	21
23	Anupa Barla	6 May 1994	30

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* As of 2025-02-04

Team Staff

Role	Name
Team Manager	Resma Lakra
Head Coach	Pradeep Kumar Sarangi
Assistant Coach	Xess Tej Kumar
Physiotherapist	Bharati Brinda
Video Analyst	CHATTERJEE Ritwik

Team Colours

Shirts	WHITE/ ORANGE BLUE
Skirts	ORANGE NAVY BLUE
Socks	ORANGE NAVY BLUE
GK Shirts	BLUE WHITE/ YELLOW

Team Details Uttarakhand

Shirt No.	Player	Date of Birth	Age*
1	Gulshava (GK)	17 May 2006	18
2	Aarti	2 Jan 2007	18
3	Ankita Mishra	1 Apr 2006	18
4	Vartika Rawat	23 May 2000	24
5	Beena Pandey	3 Jun 2000	24
6	Hema Singh	13 Mar 2002	22
7	Jyoti Mahara	12 Jan 2006	19
8	Raeen Kehkasha Ali	11 Apr 2008	16
9	Katariya Khushi	11 Jan 2005	20
10	Mamta Bhatt (C)	20 Jul 1999	25
11	Katariya Muskan	10 Mar 2005	19
12	Kalura Pooja	13 Aug 2008	16
13	Preeti Sharma	23 May 2003	21
14	Reetu Singh	19 Sep 1992	32
15	Saloni Pilkhwal	8 Sep 2006	18
16	Simran Singh	30 Aug 2001	23
17	Swarnika Rawat	19 Aug 2003	21
18	Tanuja (GK)	15 Mar 2008	16

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Team Staff

Role	Name
Team Manager	Sharma Ila Rani
Head Coach	Saurabh Patwal
Video Analyst	PANDEY Arvind

Team Colours

Shirts	BLACK RED
Skirts	BLACK BLACK
Socks	WHITE BLACK
GK Shirts	YELLOW

Team Details West Bengal

Shirt No.	Player	Date of Birth	Age*
1	Kumari Pramila (GK)	12 Nov 2002	22
2	Anjna Dungdung (C)	5 Jun 2002	22
3	Bhengra Sapna	15 Mar 2003	21
4	Horo Selestina	21 Apr 2005	19
5	Kujur Sujata	25 Jan 2003	22
6	Maxima Toppo	27 Jul 2004	20
7	Dewgi Kandir	8 Nov 2004	20
8	Anisha Dungdung	4 Dec 2003	21
9	Lily Oram	1 Oct 2003	21
10	Silbiya Nag	9 Nov 2006	18
11	Barsha Mondal	10 Jul 2006	18
12	Sushmita Panna	5 Dec 2003	21
14	Kandir Prini	14 Jan 2003	22
15	Puja Bag	3 Oct 1994	30
16	Mamoni Biswas	24 Aug 2000	24
17	Kumari Shivani	8 Aug 2006	18
18	Subila Tirkey	1 Jan 2006	19
21	Bilor Pinki (GK)	12 Mar 2005	19

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* As of 2025-02-04

Team Staff

Role	Name
Team Manager	Harjinder Kaur Jassal
Stand-In Manager	Shampa Paul
Head Coach	Simanta Krushna Mohanty
Assistant Coach	Yadav Mahendra Singh

Team Colours

Shirts	WHITE BLUE
Skirts	WHITE BLUE
Socks	WHITE BLUE
GK Shirts	Red Yellow